

Friday

PM Sessions (5-8pm)

1. Welcome - Becky (5pm?)
2. Palliative Care overview- Preeya (20 minutes)
3. Palliative Care for India - Nandhini (and Chitra)
4. Mini -Sessions (30 minutes each)
 1. ESRD and Dialysis: Implications for the Physician and Psychosocial Worker- Tom
 2. Palliative Oncology: Palliative Chemotherapy, Radiation Immunotherapies and When to Say Stop -Preeya
 3. Care Essentials for the Imminently Dying- Steve

Saturday

AM Session 9am-11:30

1. Advances in Palliative Care- Tom (60 minutes)
2. Mini Sessions: (30 minutes each)
 - a. How to Provide Meaningful Bereavement Care- Shajji (and Shafikah)
 - b. Psychosocial counselling- Multiple Modalities to Alleviate (Unseen) Suffering- Preeya
 - c. Interdisciplinary Teams: Tearing Down Hierarchy- John

PM Session (1pm-4)

1. Mental Health in the Sick and Dying: Approach and Guidelines- Chitra (60 minutes)
2. Breakout session- Group divided in two, rotate through both session
 - 4 perspectives case study (2 hours)
 1. Patient's perspective- Dignity Therapy- Phyllis
 2. Health Care Provider's Perspective-Communication: How to Break Bad News using SPIKES and Overcome Collusion- Preeya
 3. Family's perspective- Advanced Care Planning- Shafikah
 4. Psychosocial Worker's perspective- Assessment and Support- Chitra
 - Symptom Management (2 hours)
 1. Pain Management- Tom- Group A
 2. Non-Pain management- Steven- Group B
3. Ethics In Palliative Care -Case Presentation (45min)- John

Sunday

Mini Session (45 minutes)

1. Spiritual Care and Existential Angst- Helen and Phyllis
 2. Medical Emergencies: When to Intervene, and When to Not- Steven
 3. Methadone and other Essential Medications- Tom
 4. The Practical Side of Providing Home Health Care- Shafikah
- Q &A- panel discussion led by Preeya (1 hour)

Closing Ceremony/ Certificates/Introduction to Sharon Palliative Care- Becky (45 minutes)

